

Children's Surgery International

May, 2008



Liberia Mission Trip January 2008

SPREADING HOPE

Children's Surgery International's first surgical mission to Liberia brought hope to the people of a country recovering from many years of a brutal civil war.

In 1980 a military coup led to a ruinous armed conflict that continued until 2003. Communities were destroyed, families uprooted, and the infrastructure of the entire country decimated. Children were recruited to all sides of the war. Today the results of the war are readily apparent with few passable roads, essentially no municipal water or electricity, and a shattered economy with 85% unemployment.

But there are new signs of hope. A 15,000 strong force of United Nations soldiers helps keep the peace. In 2005 the country elected the first female head of state in African history. Children are attending school and starting to get vaccinated. Nearly a half million persons have returned from displacement. Today 35,000 Liberians who fled the conflict reside in Minnesota. At the request of the Liberian community here, Children's Surgery International completed a medical mission to this fragile West African country in January 2008. CSI was among the first post war volunteer medical organizations to travel to this desperate nation and help spread a message of hope. CSI set its sights on Phebe Hospital in the rural northern part of the country in order to reach medically underserved children outside the capital city, Monrovia.

During the two week mission, CSI's doctors screened and provided basic medical care to more than 200 patients, then performed nearly 60 surgeries on children and adults. Despite the longest and heaviest publicity campaign in CSI history, the team was puzzled by the small number of children presenting with cleft lips and palates. Local physicians surmise that these children probably did not survive the fourteen-year civil war. Most of the surgical cases to repair clefts were with children under five years old - - children born after the war had ended.



TEACH A PERSON TO FISH

Unique to CSI is its commitment to teaching medical skills and sharing knowledge with nurses, doctors, and medical students in the countries it serves. On the first day in Monrovia, CSI physicians gave non-stop lectures for nearly ten hours to eager medical students. The team was surprised to learn that medical students outnumber the trained physicians in the country by 2 to 1, as there are only 50 doctors in the entire country, yet over 100 medical students. CSI's team made arrangements in advance with the University of Minnesota Medical School to share video recorded lectures for educational purposes. Contributions made by the U of M Medical School, Dean Deborah Powell's Office and Minnesota Liberians secured a laptop computer and video projector for the Liberian medical school.

BOATLOAD OF SUPPLIES

Several months before missions, CSI typically sends over two thousand pounds of medical supplies to the host hospital in preparation for the trip. This year, however, in partnership with Global Health Ministry and Kids Against Hunger, a semi-truck sized steel container was filled with toys, books, children's clothing, and food in addition to our medical supplies. These extra items were used to create a hospital playroom and feed our surgical candidates along with several hundred needy families in the area.

A PLACE TO PLAY

Having a safe place to play was a rare thing for children growing up in Liberia during the recent armed conflict. Upon their arrival at Phebe Hospital, CSI nurses noticed a lack of books, toys and a safe place for kids to play while hospitalized. Working with the Phebe nurses, they stocked a playroom with the previously shipped toys, posters, books, and a pop-up tent for the many children. This area quickly became a favorite place for the hospitalized children and their siblings to explore.

REUNION

Nearly 15 years of civil war fractured the social fabric of the country and separated hundreds of thousands of families. (Liberia Mission, continued on page 2)

LIBERIA MISSION, continued

Our team was fortunate to have three Liberian-born nurses participate as team members. The mission benefited greatly from their understanding of cultural differences and excellent medical skills. One of the nurses, Doris Osuorah, hadn't seen her sisters in seventeen years since she fled the civil war, eventually landing in Minnesota. For her, the mission to Liberia was more than a trip of service... it was a reunion!

ROUGH AND READY

Unlike any other past CSI missions, this trip required team members to be willing to rough it. With limited electricity, team members used head lamps in the hospital for several hours of the day and often had to walk to a community well to pump their water. They had cold cup showers and figured out ways to fill empty water bottles for bathing and toilet purposes. In spite of these hardships, team members laughed and found a sense of camaraderie to sustain them.

HANDYMAN TO THE RESCUE

Not only were the faces of many children and adults repaired during the mission to Liberia, but also medical equipment necessary to the functioning of our host facility, Phebe Hospital. For many years since the war, Phebe Hospital had been without any supply of oxygen. Such a medical necessity is taken for granted at hospitals here in Minnesota. Our superstar biomedical technician Johnny Raider repaired Phebe's broken machine, allowing the production of medical grade oxygen for both our mission's and the hospital's use.

UNEXPECTED FRIENDSHIPS

Our teams especially enjoy the many new friendships made during the course of a mission overseas. The mission to Liberia was unique in this regard. Nearby Phebe Hospital was a large United Nations military base with soldiers from Bangladesh. On the first day of surgical work CSI's team was visited by a small group of Bangladeshi medical doctors serving this base's contingent. They shared ideas and resources in the course of their work and a partnership was established for the Bangladeshi doctors to serve at Phebe Hospital.

SUMMING IT UP

This mission was different from any other in CSI's history. The team found health-care, equipment, and educational needs beyond compare. The ways in which we helped were more diverse and comprehensive: meeting medical, educational, and basic needs of clothing and food to a desperate people. CSI's Liberia 2008 mission was an opportunity to spread a message of hope and show its people that the world is listening to their cries for help.



This mission was generously supported by the Smile Train Foundation and the Liberian Community in Minnesota.



The Liberia Mission Team: Denise Blankenship, Kofi Boahene, Mary Bye, Jon Cermin, Shelagh Cofer, Michael Gotzsche, Katie Houle, Joel Johnson, Mary Johnson, Patience Kankeh, Lora Koppel, Jan Martland, Peter Melchert,Eric Moore, Doris Osuorah, Johnny Raiter, Lynn Randall, Raj Sarpal, Jim Sidman, Lou Ann Smith, Dave Tetzlaff, Margaret Wallace, Leah Wandersee, Clarice Witt, and John Zak.

All Liberia pictures by Jon Cermin.

Thank you to the Hermosillo 2007 Team Patrick Byrne, Catherine Cook, Jan Gauger, Katie Guzik, Karen Hick. Collin Jones, Tim Lander, Jeanne Mach, Dick Marnach, Liz Mrozek, Jeanne Mrozek, James Muggli, Barb Noecker, Vicki Olson, Ricardo Ortizcazarin, Tricia Rude, Sue Schacht, Kelly Schuster, Nancy Secker, Katie Stevenson, Julie Webb, Barb Wiemann, Norie Wilson, and Robert Wood

Hail and Farewell

Two long-time Children's Surgery International Board members have completed their extraordinary service to our board.

Peggy Fairbourne has served as Chairman of the Youth Committee for many years and has often participated as a team member. An original member of the board of CSI, Peggy has directed hundreds of youth in the important task of learning about CSI, the countries which we visit and has helped many schools and youth in their fund raising activities. She has chosen or helped choose many young people to serve as ambassadors and team members throughout the years. Several of those youth have been so inspired by their team experiences that they have chosen medicine as their career.

ENT surgeon Jim Sidman has been our lead surgeon on countless missions and most recently performed with unbelievable skills in Liberia this past January. Often, when the task has seemed impossible, Jim has been able to save lives, perform miracles and has managed to train surgeons in our host countries. As a CSI board member, he has served on the Medical Committee throughout his distinguished tenure. Many of the surgical residents he has mentored have returned as outstanding surgeons on our teams.

Special thanks go to both Peggy and Jim from the entire CSI family.

4th ANNUAL CSI GALA A HUGE SUCCESS!

A new venue for our 4th Annual Passport to Smiles gala proved magical for nearly 200 benefactors of Children's Surgery International. This year's event was held at the Millennium Hotel Minneapolis, which proved to have the space, excellent cuisine, technical support, and all of the services necessary to make a successful benefit. The Millennium's General Manager, Robert Rivers, pulled out all the stops in helping provide an unforgettable evening. Catering Manager Kristin Stewart and audio visual guru Don Johnston of Swank Audio Visual helped make the evening "one of the best parties I've been to in a long time" according to several attendees. Many of the revelers danced long into the evening to the music of the big band sound of The Commodores.

Passport to Smiles Chairman Barbara Noecker and her able committee had everything running smoothly from the VIP reception for patrons and CSI Board members to the silent and live auctions headed by Claudia Diez. More than twenty volunteers worked extremely hard all day and late into the evening with Barbara and Sue Baysden, CSI Administrator. Board member Mary Batinich joined the fun of the live auction along with auctioneer Tony Elfelt by having other present board members and patrons introduce the live auction items. Their extra effort and effective intros worked because the live auction topped \$20,000 this year in addition to the more than \$27,000 made by the lively bidding on smiles. The entire evening netted over \$110,000 with more pledges being added to the total.

No successful event happens without months of planning and preparation. From the hand addressed invitations creatively designed by Brooke Dovenbarger and the printing of all materials arranged gratis by Amy Duder, to the centerpiece blocks of pictures of patients and team members, scores of volunteers worked long and hard to make the April 19th event most memorable. Judy Turner again arranged beautiful floral centerpieces, making this the second year she has done so. Maria Ferrara was the committee's special intern who aided our cause wherever and whenever asked.

Dr. Bruce Ferrara, CSI Board member and neonatologist at Minneapolis Children's Hospital, gave an impressive presentation entitled "Anatomy of a Mission." He walked us through how a mission site is chosen, what criteria we use for selecting patients and what some of the problems and rewards there are in completing a successful medical mission. His remarks were supplemented by another excellent slide show and talk given by CSI Board member Dr. Peter Melchert, who had recently returned from our mission to Liberia. Just before the commencement of the "Smiles Auction," introduced by Dr. Dick Marnach, a moving presentation named "Liberia's Children" was shown by photographer Jon Cermin. All of those verbal and visual pictures inspired our audience to bid generously for all of the items presented.

This year, we were honored to have as our special guests two of our Mexican associates, Coca Romero and Lourdes Montijo, who make possible our mission trips to Hermosillo. They were the guests of the CSI Board, the Millennium Hotel, and were honored by the gracious remarks of CSI Chairman Mike Fairbourne. In spite of working with them for four years, most of our CSI family had never met them and were delighted that they could make the trip to this year's celebration.

The entire affair would not have been so successful had it not been for patrons Mary Lou and John Dasburg, Travelers Insurance and its St. Paul contingent, headed by Andy Bessette, Bruce and Karen Ferrara, Ted Ferrara and Standard Heating, Nancy Secker, and Ron and Joan Cornwell. Our thanks to each and every one of them, and to you.

We were so happy with the Millennium Hotel and their staff that we have booked next year's Passport to Smiles gala there on **April 18, 2009**. Please mark your calendars and volunteer to help Co-Chairs Lora Koppel and Jennifer Rivers in one of the many tasks that need doing. We also need to start collecting silent and live auction items for a successful event. Please email the Children's Surgery International office at info@childrenssurgeryintl.org to offer your support.

Please mark your calendar ! Passport to Smiles Gala April 18, 2009 Millennium Hotel Minneapolis

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I Passport to Smiles Gala 2008



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100 year old CSI volunteer, Marie Smilanich

A Very Special Eagle Project



Tyler Randall wanted badly to be able to help the children that have been and will be served by the efforts of Children's Surgery International. Although he couldn't accompany his dad, Lynn Randall, and aunt, LouAnn Smith, to Phebe Hospital in Liberia, he did send along some things that brought smiles to the faces of the children there.

Tyler, with the help of scout volunteers from his troop and members of his church, collected donations to fill Hygiene/Activity bags that accompanied the team to Liberia and will be used on future missions. He and the volunteers put together 100 bags that are filled with useful, as well as fun things. He did this as a service to CSI and the children, and as a result, will earn his Eagle Scout Award, the highest honor in the scouting program.

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